



À LA  
CARTE

*Rustica*  
TRATTORIA & INN



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# Rustica

TRATTORIA & INN

*The finest local produce coupled with authentic ingredients, used to create true Italian dishes. This is the Rustica experience.*

## ASSAGGINI

**Pane e Olive (v)** .....£3.95

Home made bread and special selection of mixed olives.

**Pane al Aglio (v)** .....£4.95

Garlic, rosemary and sea salt on a flat bread.

• With tomato.....£5.95

• With mozzarella.....£5.95

**Bruschetta al Pomodoro** .....£4.95

Chopped vine tomato, red onions and basil, topped with Parmesan shavings served on grilled Italian bread.

**Bucce di Patate (v)**.....£4.95

Potato skins with a garlic mayonnaise.

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# ANTIPASTI

**Zuppa del Giorno** .....£4.75

Home made soup of the day with  
roasted Italian bread.

**Funghi Trifolati (v)**.....£4.95

Pan fried mixed mushrooms cooked  
in a creamy garlic sauce served  
on toasted ciabatta.

**Pâtè della Casa**.....£5.75

Home made pâté served with  
crusty bread.

**Calamari Fritti**.....£5.95

Deep fried squid served with  
garlic mayonnaise.

**Cozze alla Marinara** .....£6.75

Fresh mussels in a tomato and garlic  
sauce with a touch of chilli.

**Bufala di Battipaglia (v)** .....£6.75

Original buffalo mozzarella served with  
vine tomatoes and an extra virgin olive  
oil dressing.

**Involcini di Mozzarella**.....£6.95

Warm mozzarella wrapped in Parma ham  
set on a bed of rocket leaves.

**Caprino al Forno (v)** .....£6.95

Baked goat's cheese served on a bed  
of roasted red peppers with a  
balsamic reduction.

**Spiedini di Pesce**.....£8.50

A mixed kebab of grilled fresh salmon  
chunks and king prawns, served with  
a light lemon dressing.

**Gamberoni al Aglio** .....£8.50

King prawns cooked in garlic and chilli.

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# LE PIZZE

## *Le Tradizionali*

**Margherita (v) .....£6.95**

The most classic of pizzas – tomato sauce and mozzarella.

**Prosciutto & Funghi .....£7.95**

Mushroom and cured ham on a Margherita base.

**Piccante .....£7.95**

Chorizo, Italian salami, sundried tomatoes and chilli on a Margherita base.

**Forestera.....£7.95**

Chicken strips, mushrooms, rosemary and garlic on a Margherita base.

**La Bianca.....£8.25**

Thin pizza base with mozzarella cheese and salame, served without tomato sauce.

**Caprino (v) .....£8.50**

Roast red peppers, goat's cheese, and olives on a tomato sauce base and topped with rocket and pesto.

## *Le Moderne*

**Regina Margherita (v) .....£8.50**

We have improved on perfection by introducing imported Buffalo mozzarella!

**Quattro Formaggi.....£8.50**

Gorgonzola, ricotta, mozzarella and Parmesan, served with or without tomato sauce.

**Crudo & Rucola .....£8.95**

Parma ham, rocket and Parmesan on a Margherita base.

**Antico .....£9.50**

Smoked salmon, asparagus and mascarpone cheese on a Margherita base.

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# LE PASTE

- Penne al Arrabbiata (ve)**.....£7.50  
Sometimes the simplest things are the best:  
tomato, basil, garlic and a touch of chilli!
- Tagliatelle alla Carbonara** .....£7.95  
Diced pancetta in a creamy sauce with  
fresh Parmesan cheese.
- Tagliatelle alla Bolognese**.....£7.95  
The ultimate classic that needs no introduction!
- Cannelloni** .....£7.95  
Fresh pasta tubes filled with a ragù  
and baked in tomato and béchamel.
- Lasagna**.....£7.95  
Another classic... with a mozzarella twist.
- Tagliatelle al Ortolana (v)** .....£7.95  
Fresh asparagus, red peppers, mushrooms,  
tomato and a touch of creamy pesto.
- Penne alla Romana**.....£7.95  
Chicken strips, mushroom and onions in  
a creamy tomato sauce.
- Tagliatelle alla Contadina** .....£9.95  
Strips of fillet steak, cooked in a rich wild  
mushroom and red wine sauce.
- Linguine alla Pescatora**.....£9.50  
Medley of shell fish in a tomato and garlic sauce.
- Strozzapreti Calabresi** .....£8.95  
Spicy sausage, broccoli, roast garlic and tomato sauce.
- Orecchiette al Agnello** .....£9.50  
Lamb ragù made with our own traditional  
secret recipe.
- Ravioli agli Asparagi (v)** .....£8.95  
Asparagus and ricotta filled fresh pasta  
parcels served with tomato and basil sauce.
- Tagliatelle alla Spagnola**.....£9.95  
Chorizo and tiger prawns in a creamy sauce.
- Risotto al Funghi**.....£8.95  
Sautéed mixed mushrooms in a delicate  
Parmesan based sauce.
- Risotto alla Pescatora** .....£9.95  
Medley of shell fish in a tomato based risotto.
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# LE SPECIALITÀ

## *Il Pollo*

**Pollo Piccante.....£12.95**

Chargrilled chicken breast served with a roasted peppers, tomato, garlic and chilli sauce.

**Pollo alla Valdostana.....£12.95**

Breaded chicken breast topped with tomato sauce and melted mozzarella.

**Pollo ai Funghi.....£12.95**

Breast of chicken served with sautéed mushrooms in a creamy sauce.

**Pollo alla Contadina.....£13.95**

Oven baked chicken breast wrapped in Parma ham topped with goat cheese.

## *Il Manzo*

**Bistecca .....£15.95**

Sirloin steak cooked to your liking and served either simply grilled or with a sauce from the selection below.

**Stroganoff di Manzo.....£15.95**

Strips of fillet steak cooked in a creamy sauce with onions, mushrooms and paprika, served with rice.

**Filetto .....£19.95**

Fillet steak cooked to your liking and served simply grilled or with a sauce from the selection below.

*Sauce Selection £2 extra each:*

Peppercorn Sauce, Pizzaiola Sauce,

Diane Sauce, Dolcelatte Sauce

## *Il Pesce*

**Filetto di Salmone.....£14.50**

Pan fried fillet of salmon served with a saffron sauce.

**Filetti di Spigola .....£15.95**

Seabass fillets simply grilled or cooked in foil with shellfish and cherry tomatoes.

**Gamberoni .....£17.95**

Pan fried king prawns in a garlic and chilli sauce.

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# I CONTORNI

**Le Patatine Fritte (v)**.....£2.75  
Home made chips.

**Insalata Mista (v)**.....£2.95  
Mixes leaves salad.

**Verdure (v)**.....£2.95  
Mixed seasonal vegetables.

**Rucola & Parmigiano** .....£3.95  
Rocket & parmesan shavings drizzled with  
olive oil and lemon or balsamic vinegar.

**Insalata Greca (v)** .....£4.95  
Mixed leaves salad with fetta cheese,  
onions and olives.



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# I DOLCI

- Tiramisù (v)**.....£4.50  
Italian savoiardi dipped in coffee layered with a mascarpone mixture, dusted in cocoa.
- Panna Cotta ai Frutti di Bosco**.....£4.50  
Traditional Italian dish consisting of set cream with mixed fruits and berries coulis.
- Torta Ricotta & Pere (v)**.....£4.50  
Italian pear flavoured cheesecake made with fresh ricotta.
- Quadrato al Cioccolato (v)** .....£4.50  
A rich chocolate brownie served warm with a scoop of our special gelato.
- Gelati & Sorbetti (v)** .....£3.95  
Cioccolato, Pistacchio, Vaniglia, Fragola, Limone.

*We look forward  
to seeing you again!  
Why don't you  
try our renowned  
Sunday Lunch or  
Early Bird Menu?*

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